

Caring Hearts Newsletter

November 2023

11/7/2023

Caring Hearts Newsletter

Caring Hearts is starting up the Newsletter again! If you have any suggestions, please refer to Admin Tressie Case at 907-987-3026.

Scheduling with Tressie:

Office hours: Monday, Tuesday, Wednesday and Friday 9:00am to 2:00pm. Off Thursday, Saturday, and Sunday

Please call 907-987-3026 ahead of time. If you call outside of office hours, please leave a detailed message with name and contact number. Tressie will be with you the following work day.

Meals on Wheels have new drivers John and Michelle. Please remember to be understanding as they learn and grow with our volunteer-based program.

True North Transport:

A good resource for days that Caring Hearts van is unavailable. True North Transport can take clients to Fairbanks. There is a charge of \$40 one-way and \$80 round trip.

Phone #907-803-7777

“
Be present
in all things
and thankful
for all things.”

Maya Angelou

What is a chaplain?

A chaplain is a spiritual care provider who may work in a variety of settings, including hospitals, prisons, military units, and universities, among others.

Chaplains offer a non-judgmental and confidential space for people to explore their beliefs, values, and struggles. They can provide **guidance, counseling, and prayer, as well as facilitate religious services and rituals.**

We are honored to announce that Caring Hearts volunteer, Colin Winkelman, has been ordained as a minister and is available to provide services as a Chaplain to Caring Hearts.

Call Caring Hearts #907-987-3026 for more information to contact Colin.

Local Phone Contacts

Dial 911 for all Emergencies

Interior Alaska Medical Clinic:(907) 895-6233

Family Medical Center: (907) 895-5100

Delta Medical Transport (private ambulance service): Dial 911 for all emergencies

Non-emergency: Phone (907) 895-4356

Arctic Chiropractic LLC: (907) 895-5055

Timbercrest (dentist): (907) 895-4274

The Delta Dentist: (907) 895-2200

Delta Junction Volunteer Fire Department: (907) 895-4356

Rural Deltana Volunteer Fire Department: (907) 895-5036

Alaska State Troopers: (907) 895-4800

Alaska Court System: (907) 895-4211

Div. of Motor Vehicles: (907) 895-4424

Dept. of Fish & Game: (907) 895-4484

Children Services: (907) 895-4452

Public Health Nurse: (907) 895-4292

Legislative Info Center: (907) 895-4236

Division of Forestry: (907) 895-4225

Dept. of Transportation: (907) 895-4893

Golden Valley Electric Association: (907) 895-4500

Delta Environmental

Services: Phone (907) 895-5053 / Fax (907) 895-6205

Kel's Septic: Phone (907) 895-4205

Fall Fundraiser Talent Show!

Thank you all who attended and helped our staff setup and clean up. Thank you to our Judges Lucy Dunham, Ellie Schneider, Derrick Case. Photo by Amanda Whittemore 11/7/2023



Write your own notes or reminders here:





**Delta Knitting/
Crochet Circle
November 13 at
7:00pm-8:30pm at
the Community
Library.**



6					9			4
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Every Thanksgiving the Delta community hosts a Community Thanksgiving meal at the Community Center. There is also a need for donations of traditional Thanksgiving dishes. If you would like to help out, bring a dish. Last year we had about 300 community members attend. It was a great event to be had by all.

We are looking for: 6 Turkey's, 10 Mashed Potato Pans (9x12), 10 Cooked Corn (9x12), 10 Sweet, Potatoes (9x12) 10 Green bean Casseroles (9x12) 25 dozen rolls, 5 gallons of gravy, 10 desserts

DELTA JUNCTION HIGH SCHOOL SALUTES

AMERICA'S VETERANS

FRIDAY, NOV. 10 at 2 P.M. IN THE LARGE GYMNASIUM

COMMANDERS FROM FORT GREELY WILL OFFER WORDS OF ENCOURAGEMENT, HONOR, AND SERVICE AS DELTA JUNCTION CELEBRATES VETERANS DAY

Lt. COL. JORGE LORENZANA
Commander, 47th Missile Defense Battalion

Lt. COL. KEITH MARSHALL
Fort Greely Garrison Commander

Lt. COL. JONATHAN BROWN
Commander, Cold Regions Test Center

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